

Role of college counselors

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Keywords: College counselor; role orientation.

Abstract: At the university, counselors not only manage the work of students, but also the problems in life and ideas. With the development of the times, higher requirements are put forward for college counselors, and the tasks of college counselors are also aggravated. Whether the role of counselors is appropriate, whether team building is reasonable, directly affects the development of students, and thus affects School development. This paper analyzes the role of the counselor from the perspective of the role of college counselors, as well as the actual situation and problems, and how to strengthen.

1. Introduction

The role of college counselors in educators has been continuously strengthened by the development of the times. The original duties of counselors can no longer be satisfied with the development needs of the times. How to give reasonable guidance to college counselors and what measures should be taken in each role? Therefore, building a reasonable team of college counselors is an important task in the current situation, and it is also of great significance to the educational reform and development of colleges and universities.

2. College counselors play the role of ideological and political educators

Counselors not only play a guiding role in the ideological and political aspects, but also play a certain role in the study of life and mental health counseling. Whether it is a student, a school, or a counselor, you should be properly aware of the role of the counselor, so that you can further recognize the work of college counselors from the ideological perspective and promote the work of counselors.

2.1 College counselors play the role of ideological and political educators.

As an ideological and political worker, the counselor's work is: It is necessary to guide students to establish a correct three-view, and use the correct world outlook, outlook on life, values to guide real-life problems, better understand the world, transform the world, and adhere to the materialistic concept that matter is the origin of society; Implementing Marxism-Leninism, Mao Zedong Thought, Deng Xiaoping Theory, and the three important ideas, and adhering to the principle of advancing with the times, everything starts from reality. Counselors should take the initiative to understand the changes in students' thoughts, and solve different problems for college students in different ways to correctly guide students' concerns;. Pay attention to students' ideological and political education to promote the all-round development of students. At the same time, it is necessary to make full use of various educational resource advantages, such as lectures on ideological and political education, and practical activities, combining ideological and political education with real life, rather than empty theoretical knowledge, and thus promoting better ideological and political education in colleges and universities. development of.

2.2 College counselors manage the work of students studying and living

In the past, counselors may only teach classes and value students in this area. With the development of the times, the breadth of the work content of the counselors has expanded, and they

have been unable to adapt to the development of the times only in terms of learning. They are not only concerned with learning, but also have devoted themselves to life. College counselors give students some advice on learning methods, let students exert subjective initiative, solve problems in learning, establish a scientific knowledge structure framework, create a good learning atmosphere, and develop good study habits. Some professional and famous books can be recommended. At the same time, you can run through some rational things in the class, such as how to do things, how to expand the circle of communication, hand over more like-minded throws, and give some targeted insights on the common problems that most students have at this stage. And suggestions. Today, employment pressures are also increasing. There are a lot of graduates every year, and then they can really get employed. There are very few jobs to find a professional counterpart. This puts new demands on the counselor's work. In the aspect of employment guidance, students should develop a correct outlook on career choices, and provide students with a good analysis and explanation of the current employment situation. They can also give opinions on entrepreneurship, so that students can cope well after graduation.

2.3 College counselors are mental health counselors

The environment of the university, away from home, without the care of parents, away from the friends of the old days, my heart will inevitably have some confusion and problems at this stage, and can not adapt to this change very well. It is especially important for counselors to work on the psychological aspects of students. Counselors can observe on weekdays, communicate more emotionally with students, and provide students with problems in learning and life for different problems, helping students to establish positive and optimistic emotions. Counselors can help students relieve stress, turn pressure into motivation, turn adversity into good times, let students grow up a little bit in the hone, and make the heart stronger. In life, counselors pay more attention to students whose life independence is not strong and easy to be emotional, and carry out mental health education activities appropriately to improve their psychological endurance. As a mental health counselor, counselors need to do the following tasks: Recognize the problems that exist among students, and actively care for them, help them, and balance the mentality of the students. From the psychological problems that students show, think about why such problems occur, whether it is a family factor or an environmental impact. For poor students, special care should be given to ensure a good attitude. In view of the poor self-learning ability of students in learning, the self-care ability in life is poor, can not adapt to the new life, the deviation of the love view that appears in the relationship, the friction that is not well handled in the communication, etc. Members must fundamentally solve this psychological problem and create a good personality quality for college students. Increasing the chances of meeting with students is not just about having a mobile phone

3. Problems with the role of counselors.

The multiple expectations of the role of college counselors will inevitably lead to conflicts between different roles. Within the role of counselor, there will also be conflicts caused by self-esteem and lack of recognition, conflicts of duties and intangibles of results, conflicts between individual ability and role needs, role responsibility and personal development direction. The resulting conflicts, etc., have caused some confusion to the role of the counselor. In practice, role conflicts will inevitably lead to improper migration of roles such as dislocation, absence, vacancy, and offside. First, it is misplaced. The role of the counselor is misplaced as a "handyman". Compared with the general instructors, the counselors are closer to the students, more aware of the students, and more trusted by the students. They work in the front line of the students' ideological and political education, in ensuring the training of talents and promoting the smooth development of education and teaching in colleges and universities. Play a pivotal role. However, the most common job of the counselor is to take care of the late-on-the-job, dormitory health and other daily affairs. The relationship between the counselor and the student gradually becomes less like the teacher-student relationship, unlike the friend relationship, it becomes the management and

management. relationship. The consequence of the misplacement is that obstacles have been added between the counselor and the students, which seriously affects their normal communication, makes the information unsatisfactory, and the decree does not work, which hinders the normal work of the school. Second, it is absent. Counselors are busy, often unconsciously busy because of trivial matters, chores, and trivial matters. From cleaning, uploading, convening meetings, developing party members, and talking individually, a person faces hundreds of people and is busy every day. Innocently taking into account the deep-rooted ideological problems of the students, the counselor should have done a good job of “guiding” but there was a “empty”. Third, the virtual position. Due to the guidance of ideological and political guidance, the guidance of study and life, and the counseling of mental health, it is generally a “virtual” job, and the elasticity of workload, scope of work, and work intensity is very large. If the counselor is troubled by the daily office, he is busy with trivial matters all the time, can not give a good answer to the students' deep thought problems, neglecting the guidance of the ideological level of the students' ideology, it is likely to cause the students' behavior to be biased. The occurrence of many vicious incidents has buried hidden dangers. Fourth, offside. The role of the counselor is offside to become a “nanny.” Many people think that the counselor is “Wanjin Oil”. All the things related to the students belong to the job duties of the counselors, and the counselors have long been affected by the “big-package” student management thinking, and have acted too much. The role of the nanny is not clear about his true duties. He only knows what to do when he comes to work. His work is not autonomy and inhibits creativity. The result is dissatisfaction with schools, counselors and students.

4. Strategies for strengthening the construction of college counselors

4.1 Improve the quality of counselors

In today's world, technology is developing at a rapid pace, and knowledge is being updated more and more quickly, which puts new demands on counselors. Counselors must constantly update their knowledge, in addition to the subject knowledge, as well as some tacit knowledge in life and society. Because the counselor not only needs to give help to the students in the study, but also life and psychology. Improve the mastery of their own knowledge and skills, and lay a good foundation for future work. When students have problems asking for help, they must be able and helpful. At the same time, we must have good political training, constantly update our ideological concepts, establish correct values, and guide students to strive to master Marxism-Leninism, Mao Zedong Thought, Deng Xiaoping Theory, and the important thinking of the “Three Represents.” Thus, the students are guided by their ideas. With the increasing social pressure, counselors must master certain psychological knowledge, read more relevant books, and regularly do some psychological tests on students, and carry out relevant psychological lectures to ease the psychological pressure of students. Counselors should establish a good personality, improve their self-cultivation, their own quality, recognize their own responsibilities, train students, pay attention to the comprehensive development of abilities, and improve the practical operation level of abilities.

4.2 The school attaches importance to the construction of the counselor team

Counselors are responsible for ideological and political aspects, study and life, and mental health. But at present, part of the problem with counselors themselves is that the school does not pay enough attention. Schools should focus on building a team of counselors. Responsible for work, good counselors who do business, rewards with high enthusiasm, implement reward and punishment system, stimulate the enthusiasm of counselors, and promote the development of school work. At the same time, counselors should be given some training opportunities to help counselors to continuously improve their comprehensive ability, lay a good foundation for education, and develop education. Update the school's management system and strengthen the assessment of the counselor's ability. Inspire the creativity of the counselor. Improve the relevant security system and give counselors better protection.

4.3 Counselors improve their sense of responsibility

Counselors should be serious and responsible for each student, not eccentric, and every student's suggestions should be carefully considered and corrected. Caring for students and understanding students, in addition to helping with learning, should be considerate in life. When the sternness is severe, it is time to be harmonious. Do a good job, have a penalty.

5. Summary

The responsibilities of college counselors are becoming more and more important, but there are still many problems. The positioning of the characters is not clear enough, misplaced, offside, and imaginary. There is a lot of work enthusiasm, work efficiency is low, and responsibility is not strong enough. In response to the existing problems, corresponding measures should be taken. The counselors themselves should improve their sense of responsibility, work enthusiasm, and their own knowledge and skills to improve the quality of all aspects. At the same time, the school should also strengthen the construction of counselors and improve the team. Management system, guarantee system, and strengthen the school's emphasis on this aspect. Give play to the role of counselors in ideological and political education, study life, and mental health, and promote the construction of counselors. If you follow the "checklist" your paper will conform to the requirements of the publisher and facilitate a problem-free publication process.

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